

Kurmond Public School

494 Bells Line of Road KURMOND 2757 | P (02) 45731648 | F (02) 45732122 | E kurmond-p.school@det.nsw.edu.au

Courtesv

Safety Responsibility

29th May 2019

Dear Parents

CPR HELP Program

Once again, we will be running the CPR HELP Safety Awareness program at school as scheduled below between **Tuesday 18th** and **Thursday 20th June 2019**. Please find attached information and permission note for all students to attend.

Thanks to the ongoing support of our P&C Association we have once again been able to offer this program to our students with a very generous subsidy, leaving a balance to be paid by families of **\$7 per child**.

Please complete and return the permission note, together with payment, by Thursday 6th June 2019. You may make online payments using Visa or MasterCard credit or debit cards. Just go to the school website <u>www.kurmond-p.schools.nsw.gov.au</u> and click on 'Make a Payment' where the instructions are clearly explained. After completing the mandatory fields, i.e. those shown with *, tick the 'Other' box and enter 'CPR'. Return the permission note the next day with the online section completed.

The school, along with our P&C, views this program as being of vital importance to all students so, if payment is a problem, please contact the School Office to make arrangements for assistance.

Our schedule for this program is as follows:

| Session | Tues | Wed | Thurs |
|--------------|----------------------|------------------|----------------------|
| Time | 18/06/2019 | 19/06/2019 | 20/06/2019 |
| 9.10 - 11.10 | 3/4J | 5/6V | 5/6C |
| 11.40 - 1.10 | 1/2P (11.40 – 12.40) | 3/4R | 1/20 (11.40 – 12.40) |
| 2.00 - 3.10 | | KF (2.00 – 3.00) | |

Please let us know if your child will be absent on their timetabled day and every attempt will be made for them to attend with another class.

Kind regards.

Patrícia Beggs Principal



Angie Price 0410 449 158 Email: info@cprhelp.com.au www.cprhelp.com.au PO BOX 1067 PARADISE POINT QLD 4216 ABN: 41 107 585 645

What to Wear

School Uniform

CPR HELP is an exciting & rewarding Safety Awareness program that is aimed to educate young children from Kindergarten - Year 6 with basic techniques for First Aid and CPR. The children will gain knowledge of the DRSABCD Management procedures (Danger, Response, Send for Help, Airway, Breathing, CPR and Defibrillator).

Children will be involved in making the emergency phone call "**000**", answering questions asked by an operator and discussions of the importance of knowing their personal details/location. Children will learn step by step techniques of the Recovery Position. *By knowing how to put someone into the recovery position is a potential life saver.* Yrs 3-6 children will experience hands on techniques using manikins that will involve compressions and breathing.

It is important for these skills to be reinforced and updated yearly.

This will be a rewarding experience not to be missed. The program is conducted during school hours for approximately 1hr for K-2 and $1\frac{1}{2}$ hrs for Yrs 3-6. All children will receive a special participation award.

Duration

1-1½ hour

Cost

\$7 per child (this has been subsidised by Kurmond P & C)

<u>CPR HELP will be at your school on:</u> Tuesday 18th - Thursday 20th June

injury may occur and CPR HELP cannot be responsible for any damage or injury.

Kind Regards CPR HELP

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A Price QLD Branch Manager

| | PR PERMISSION NOTE ermission note by Thursday 6 th June 2019 | |
|--|--|--|
| I give permission for my child/ren to | o attend the CPR Help Program at Kurmond PS. | |
| Name/s | Class/es: | |
| I enclose \$7 per child for CPR, v | which has been subsidised by Kurmond P&C. | |
| I have made a \$7 per child onlin | ne payment Rec# | |
| | a that could affect the involvement of their leart Condition, Epilepsy, Diabetes, please advise | |
| Condition: | Precaution: | |
| | | |
| | | |
| Parent Contact No: | Parent Signature: | |
| "I acknowledge and agree the CPR HELP programme involve demonstrations and participation in First Aid and CPR technic | | |

Educating Our Future