

# KURMOND PUBLIC SCHOOL SUMMER CANTEEN MENU TERM 4 2018



#### **ROLLS, SANDWICHES: please specify** Chicken Salad: chicken, lettuce, tomato, \$3.50 carrot, beetroot, cucumber Tuna Salad: tuna, lettuce, tomato, carrot, \$3.50 beetroot, cucumber, mayo Ham Salad: ham, lettuce, tomato, carrot, \$3.50 beetroot, cucumber Egg Salad: egg, mayo, lettuce, tomato, \$3.50 carrot, beetroot, cucumber Salad: lettuce, tomato, carrot, beetroot, \$3.00 cucumber Hawaiian: Ham, lettuce, cheese, pineapple, \$3.00

mayo	
Tuna: tuna, mayo, lettuce	\$2.50
Egg: Egg, mayo, lettuce	\$2.50
Chicken: chicken, lettuce, mayo	\$2.50
Vegemite Sandwich	\$1.50
Cheese Sandwich	\$2.00
Ham Sandwich	\$2.00

### **SALADS**

Garden Salad Pack: lettuce, tomato,	\$3.00
cucumber, carrot, beetroot, pineapple ring	
Salad Plus Pack: Garden Salad plus 1 of:	\$3.50
Ham, chicken, tuna, egg	
ADD: French Vinaigrette salad dressing	\$0.30
Caeser Salad: Cos lettuce, cheese, croutons,	\$3.50
ham, Caeser dressing	
ADD: Chicken, egg – 50c each	\$0.50
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Sauce: Tomato, BBQ	\$0.30
French Vinaigrette salad dressing	\$0.30

**OPEN DAYS:** 

## WEDNESDAY

# FRIDAY

You can now order your lunch ONLINE. Online orders must be in **BEFORE 9AM**. If you would like more information please see the Office staff.

Paper lunch orders are to be handed into Canteen BEFORE school. Please supply a lunch bag (brown paper bag is best) & an EXTRA bag for your drink

#### HOT ITEMS

Smiley Burger (100% Meat patty, lettuce,	\$3.50
tomato, cheese, sauce)	
Spaghetti Bolognaise (Canteen made)	\$4.00
GF Spaghetti Bolognaise (Canteen made)	\$4.00
Hero Slice (Canteen made, GF Zucchini Slice)	\$3.00
Hero Slice with salad	\$3.50
Chicken Burger (lettuce, mayo)	\$3.50
Beef Pie (sauce incl. specify BBQ/Tom)	\$3.00
Sausage Roll (sauce incl. specify BBQ/Tom)	\$3.00
Pizza: Hawaiian, Meatlovers	\$3.50
Chicken Nugget (max 6)	\$0.50
Garlic Bread	\$1.50
DRINKS	
Bottled Water	\$1.50
Milk: Chocolate, Strawberry, Plain	\$2.00
Juice Box: Apple, OJ, Apple & Blackcurrant	\$1.50
SNACKS	
Fresh Fruit: Assorted (Apples slinkied free)	\$0.50
Frozen Grapes (6)	\$0.50
Frozen Orange Quarter	\$0.20
Boiled Egg	\$0.50
Cheese and Crackers	\$1.00
Veggie Sticks with Hommus Dip	\$1.00
Sultanas	\$0.50
Popcorn	\$1.20
Chips	\$1.50
Moosie: Strawberry, Chocolate	, \$1.00
Twisted Frozen Yoghurt:	\$2.00
Watermelon/Mango or Chocolate/Vanilla	
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Juicies Ice Block: Lemonade, Wildberry\$1.50Quelch Ice Block Tubes: Whole\$0.50Freshly Baked item: varies week to week:\$1.50(Check the P&C Facebook page for what is<br/>available that day)\$1.50



GREEN = Everyday

**ORANGE:** Occasional

NSW Healthy School Canteen Strategy 2017

**THANK YOU!**